



DUN LAOGHAIRE RATHDOWN SPORTS PARTNERSHIP INFORMATION FOR SECONDARY SCHOOLS

The national network of Local Sports Partnerships (LSPs) was established by Sport Ireland in 2001. The key aim of the LSPs, is to increase levels of participation in sport and physical activity, especially among specific target groups. One of our key roles is to enhance school, club, community and sport's governing body links while also facilitating effective use of local resources.

Dun Laoghaire Rathdown Sports Partnership can offer support and assistance for schools based within the County. This is provided in key areas of physical activity promotion, teacher training, information sharing and assistance in working towards an Active Schools Flag. Some of these supports include: Physical activity programmes, training and support for your staff and teachers, community and sports events.



DUN LAOGHAIRE RATHDOWN SPORTS PARTNERSHIP

EXAMPLE OF PROGRAMMES



Get Going Get Rowing: Introduction to rowing programmes for teenage girls run in association with Rowing Ireland. This programme also offers a TY leadership course. There are indoor and outdoor rowing blitzes as part of the programme.

Table Tennis: In partnership with Table Tennis Ireland offers TY Teenage Girls Leadership Programme. The course provides students with basic table tennis skills and training in female empowerment.



Ultimate Frisbee: Run in partnership with Dublin Youth Ultimate. This is an exciting non-contact team sport and is unlike most sports due to its focus on self-officiating. There is also the chance to compete against other schools.

DUN LAOGHAIRE RATHDOWN SPORTS PARTNERSHIP

EXAMPLE OF PROGRAMMES



Basketball Programmes: In conjunction with Basketball Ireland and local clubs we can offer your school a 6-week introduction to Basketball programme. This is for Teenage Girls and mixed groups.

Quad Skating: A new programme that brings together quad skating and media production aimed at teenage girls.



Olympic Handball: An introduction to handball for Teenage Girls and mixed groups.

DUN LAOGHAIRE RATHDOWN SPORTS PARTNERSHIP

EXAMPLE OF PROGRAMMES



Skipping Programme: We can provide you school with skipping ropes and resource videos as well as a list of challenges for Teenage Girls.

The Bike Hub Dun Laoghaire: Offers various programmes aimed at Secondary School students.



Sports Officers & Coaching: Links with tutors & Sports Development Officers to highlight availability of different sports opportunities including Rugby, Soccer & Cricket Development Officers.
DLR Council Funded Development Officers
Football: rory.ohare@fai.ie
Rugby: jonathan.sharkey@leinsterrugby.ie
Cricket: mjstewart@gmail.com



DUN LAOGHAIRE RATHDOWN SPORTS PARTNERSHIP

T R A I N I N G & S U P P O R T S



Disability Inclusion: One of the key elements to our work is the inclusion of children with a disability into sport and physical activity. Our Sports Inclusion Disability Officer is on hand to assist your school around this.

Teacher Training: Courses include Safeguarding (Child Protection in Sport), Sports First Aid, Coaching Children, Disability Awareness/Inclusion, Autism in Sport and Sports Leader.



Event Equipment: Availability of a range of equipment for schools to host large events (including. tent, sound system, finish gantry).

DUN LAOGHAIRE RATHDOWN SPORTS PARTNERSHIP

TRAINING & SUPPORTS



Conferences & Seminars: Organised in a range of key topic areas such as volunteering, governance, sports inclusion etc.

Active Schools Week, National Bike Week and European Week of Sport: We can provide information and advice on the range of activities and opportunities that are available to your school.



23 - 30 September



Active School Flag: Assistance and advice in the various stages of the application process.

DUN LAOGHAIRE RATHDOWN SPORTS PARTNERSHIP

OTHER SUPPORTS



Promotion: We can help you promote school programmes and events through our website, social media channels and through contacts with local print media and radio.

Local Events: dlr Community 5K, family friendly walks and fun runs. junior Parkrun: These are free, weekly 2km walk/jog/run events organised by local volunteers in Marlay and Deerpark.

CONTACT US

- Phone: 01-2719502
- Email: lcallan@dlrcoco.ie
- Website: <http://www.dlrsportspartnership.ie>
- Facebook: [dlrsportspartnership](#)
- Instagram: [dlrsportspartnership1](#)
- Twitter: [dlrSportsTeam](#)



Comhairle Contae County Council