



DUN LAOGHAIRE RATHDOWN SPORTS PARTNERSHIP

INFORMATION FOR PRIMARY SCHOOLS

The national network of Local Sports Partnerships (LSPs) was established by Sport Ireland in 2001. The key aim of the LSPs, is to increase levels of participation in sport and physical activity, especially among specific target groups. One of our key roles is to enhance school, club, community and sport's governing body links while also facilitating effective use of local resources.

Dun Laoghaire Rathdown Sports Partnership can offer support and assistance for schools based within the County. This is provided in key areas of physical activity promotion, teacher training, information sharing and assistance in working towards an Active Schools Flag. Some of these supports include: Physical activity programmes, training and support for your staff and teachers, community and sports events.



DUN LAOGHAIRE RATHDOWN SPORTS PARTNERSHIP

EXAMPLE OF PROGRAMMES



Marathon Kids: For 5th and 6th class. This is a running programme in which students run 26.2km over 8 weeks. The running sessions take about 20 minutes 4 times a week during class. The programme ties in with the SPHE curriculum. There is a final event where students run the last kms of their marathon and are presented their medals.

Basketball Programmes: In conjunction with Basketball Ireland and local clubs we can offer your school a 6-week introduction to Basketball programme. This is aimed at 3rd-6th Class.



Athletics - Try Track & Field: A 6-Week fully inclusive curriculum-based athletics programme run in collaboration with Athletics Ireland that covers running, jumping and throwing skills.

DUN LAOGHAIRE RATHDOWN SPORTS PARTNERSHIP

EXAMPLE OF PROGRAMMES



Ultimate Frisbee: Run in partnership with Dublin Youth Ultimate. This is an exciting non-contact team sport and is unlike most sports due to its focus on self-officiating.

Skipping Programme: We can provide your school with skipping ropes and resource videos as well as a list of challenges that can be completed by a variety of age groups across your school.



Balance Bikes: We can loan your school 10 balance bikes for 6 weeks. We can provide you with video resources to allow your teachers run a balance bike programme with your Junior and Senior Infants classes.

DUN LAOGHAIRE RATHDOWN SPORTS PARTNERSHIP

EXAMPLE OF PROGRAMMES



Running Programmes: We can support your school in the delivery of running programmes including The Daily Mile and Run Around Europe. We can also provide programme materials and certificates/medals.

Sports Officers & Coaching: Links with tutors & Sports Development Officers to highlight availability of different sports opportunities including Rugby, Soccer & Cricket Development Officers.



DLR Council Funded Development Officers

Football: rory.ohare@fai.ie

Rugby: jonathan.sharkey@leinsterrugby.ie

Cricket: mijstewart@gmail.com

DUN LAOGHAIRE RATHDOWN SPORTS PARTNERSHIP

TRAINING & SUPPORTS



Disability Inclusion: One of the key elements to our work is the inclusion of children with a disability into sport and physical activity. Our Sports Inclusion Disability Officer is on hand to assist your school around this.

Teacher Training: Courses include Safeguarding (Child Protection in Sport), Sports First Aid, Coaching Children, Disability Awareness/Inclusion, Autism in Sport, Sports Leader, Coaching Children and Coaching Teenage Girls



Event Equipment: Availability of a range of equipment for schools to host large events (inc. tent, sound system, finish gantry).

DUN LAOGHAIRE RATHDOWN SPORTS PARTNERSHIP

TRAINING & SUPPORTS



Conferences & Seminars: Organised in a range of key topic areas such as volunteering, governance, sports inclusion etc.

Active Schools Week, National Bike Week and European Week of Sport: We can provide information and advice on the range of activities and opportunities that are available to your school.



Active School Flag: Assistance and advice in the various stages of the application process.

DUN LAOGHAIRE RATHDOWN SPORTS PARTNERSHIP

OTHER SUPPORTS



Promotion: We can help you promote school programmes and events through our website, social media channels and through contacts with local print media and radio.

Local Events: dlr Community 5K, family friendly walks and fun runs. junior Parkrun: These are free, weekly 2km walk/jog/run events organised by local volunteers in Marlay and Deerpark.

CONTACT US

- **Phone:** 01-2719502
- **Email:** lcallan@dlrcoco.ie
- **Website:** <http://www.dlrsportspartnership.ie/>
- **Facebook:** dlrsportspartnership
- **Instagram:** dlrsportspartnership1
- **Twitter:** dlrSportsTeam

